

منابع آزمون ارتقاء دستیاران رشته تخصصی پزشکی خانواده

1. Rakel Textbook of Family Medicine, 9th Edition. 2015

- 2- مجموعه راهنماهای بالینی مورد استفاده در نظام سلامت (کتاب راهنماهای بالینی ایران و ...)
- برنامه ملی مراقبت کودکان سالم و بیمار
- برنامه ملی مراقبت سالمندان
- برنامه ملی مراقبت نوجوانان
- برنامه ملی مراقبت بارداری
- برنامه ملی مراقبت جوانان
- برنامه ملی مراقبت میانسالان
- مجموعه بیماریهای واگیر و غیر واگیر برای پزشک خانواده

3. Uptodate (online) (for FM – Exam 1396)

Obesity

1. Obesity in adults: Overview of management

Literature review current through: Feb 2017. | This topic last updated: Nov 14, 2016.

→ **Summery**

→ **Information for Patient**

2. Obesity in adults: Prevalence, screening, and evaluation

Literature review current through: Feb 2017. | This topic last updated: Jan 31, 2017.

→ **Summery**

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3. Obesity in adults: Drug therapy

Literature review current through: Feb 2017. | This topic last updated: Mar 25, 2016.

→ **Summery**

→ **Information for Patient**

4. Management of childhood obesity in the primary care setting

Literature review current through: Feb 2017. | This topic last updated: Dec 08, 2016.

→ **Summery**

→ **Information for Patient**

5. Clinical evaluation of the obese child and adolescent

Literature review current through: Feb 2017. | This topic last updated: Oct 31, 2016.

→ **Summery**

→ **Information for Patient**

Dyslipidemia

6. Treatment of lipids (including hypercholesterolemia) in secondary prevention
Literature review current through: Feb 2017. | This topic last updated: Apr 04, 2016.

→**Summery**

→**Information for Patient**

7. Treatment of lipids (including hypercholesterolemia) in primary prevention
Literature review current through: Feb 2017. | This topic last updated: Apr 04, 2016.

→**Summery**

→**Information for Patient**

8. Dyslipidemia in children: Management
Literature review current through: Feb 2017. | This topic last updated: Apr 04, 2016.

→**Summery**

→**Information for Patient**

9. Dyslipidemia in children: Definition, screening, and diagnosis
Literature review current through: Feb 2017. | This topic last updated: Oct 04, 2016.

→**Summery**

→**Information for Patient**

Acute respiratory infection

10. The common cold in adults: Diagnosis and clinical features
Literature review current through: Feb 2017. | This topic last updated: Feb 25, 2016.

→**Summery**

→**Information for Patient**

11. Acute sinusitis and rhinosinusitis in adults: Clinical manifestations and diagnosis
Literature review current through: Feb 2017. | This topic last updated: Nov 08, 2016.

→**Summery**

→**Information for Patient**

12. The common cold in children: Clinical features and diagnosis
Literature review current through: Feb 2017. | This topic last updated: Sep 25, 2015.

→**Summery**

→**Information for Patient**

13. Acute bacterial rhinosinusitis in children: Clinical features and diagnosis
Literature review current through: Feb 2017. | This topic last updated: Apr 18, 2016.

→**Summery**

→**Information for Patient**

14. Acute otitis media in children: Treatment
Literature review current through: Feb 2017. | This topic last updated: Jan 24, 2017.

→**Summery**

→**Information for Patient**

15. Acute otitis media in children: Diagnosis
Literature review current through: Feb 2017. | This topic last updated: Sep 27, 2016.

→**Summery**

→**Information for Patient**

Diabetes mellitus

16. Overview of medical care in adults with diabetes mellitus

Literature review current through: Feb 2017. | This topic last updated: Jan 04, 2017.

→**Summery**

→**Information for Patient**

17. Initial management of blood glucose in adults with type 2 diabetes mellitus

Literature review current through: Feb 2017. | This topic last updated: Feb 03, 2017.

→**Summery**

→**Information for Patient**

18. Screening for type 2 diabetes mellitus

Literature review current through: Feb 2017. | This topic last updated: Jan 18, 2017.

→**Summery**

→**Information for Patient**

19. Epidemiology, presentation, and diagnosis of type 1 diabetes mellitus in children and adolescents

Literature review current through: Feb 2017. | This topic last updated: Feb 13, 2017.

→**Summery**

→**Information for Patient**

20. Management of type 1 diabetes mellitus in children and adolescents

Literature review current through: Feb 2017. | This topic last updated: Feb 13, 2017.

→**Summery**

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Osteoporosis

21. Overview of the management of osteoporosis in postmenopausal women

Literature review current through: Feb 2017. | This topic last updated: Mar 06, 2017.

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22. Clinical manifestations, diagnosis, and evaluation of osteoporosis in postmenopausal women

Literature review current through: Feb 2017. | This topic last updated: Mar 06, 2017.

→**Summery**

→**Information for Patient**

23. Screening for osteoporosis

Literature review current through: Feb 2017. | This topic last updated: Sep 22, 2015.

→**Summery**

→**Information for Patient**

Failure to thrive

24. Failure to thrive (undernutrition) in children younger than two years: Management

Literature review current through: Feb 2017. | This topic last updated: Dec 01, 2015.

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25. Failure to thrive (undernutrition) in children younger than two years: Etiology and evaluation

Literature review current through: Feb 2017. | This topic last updated: Dec 01, 2015.

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Asthma

26. An overview of asthma management
Literature review current through: Feb 2017. | This topic last updated: May 31, 2016.
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27. Diagnosis of asthma in adolescents and adults
Literature review current through: Feb 2017. | This topic last updated: Mar 06, 2017.
→ **Summery**
→ **Information for Patient**
28. Acute asthma exacerbations in children: Home/office management and severity assessment
Literature review current through: Feb 2017. | This topic last updated: Jan 30, 2017.
→ **Summery**
→ **Information for Patient**
29. Asthma in children younger than 12 years: Initiating therapy and monitoring control
Literature review current through: Feb 2017. | This topic last updated: Jan 04, 2017.
→ **Summery**
→ **Information for Patient**
30. Asthma in children younger than 12 years: Initial evaluation and diagnosis
Literature review current through: Feb 2017. | This topic last updated: Nov 29, 2016.
→ **Summery**
→ **Information for Patient**
31. Management of acute exacerbations of asthma in adults
Literature review current through: Feb 2017. | This topic last updated: Feb 16, 2017.
→ **Summery**
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Hypertension

32. Overview of hypertension in adults
Literature review current through: Feb 2017. | This topic last updated: Mar 02, 2016.
→ **Summery**
→ **Information for Patient**
33. Evaluation of hypertension in children and adolescents
Literature review current through: Feb 2017. | This topic last updated: Feb 06, 2017.
→ **Summery**
→ **Information for Patient**

Anemia

34. Approach to the adult patient with anemia
Literature review current through: Feb 2017. | This topic last updated: Dec 19, 2016.
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→ **Information for Patient**
35. Approach to the child with anemia
Literature review current through: Feb 2017. | This topic last updated: Jun 04, 2015.

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36. Treatment of iron deficiency anemia in adults

Literature review current through: Feb 2017. | This topic last updated: Dec 20, 2016.

→[Summery](#)

→[Information for Patient](#)

37. Iron deficiency in infants and young children: Treatment

Literature review current through: Feb 2017. | This topic last updated: Jun 26, 2015.

→[Summery](#)

→[Information for Patient](#)

Hypothyroidism

38. Treatment of hypothyroidism

Literature review current through: Feb 2017. | This topic last updated: Feb 22, 2016.

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→[Information for Patient](#)

39. Diagnosis of and screening for hypothyroidism in nonpregnant adults

Literature review current through: Feb 2017. | This topic last updated: Dec 14, 2015.

→[Summery](#)

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40. Clinical manifestations of hypothyroidism

Literature review current through: Feb 2017. | This topic last updated: Mar 08, 2016.

→[Summery](#)

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Dyspnea

41. Approach to the patient with dyspnea

Literature review current through: Feb 2017. | This topic last updated: Feb 16, 2017.

→[Summery](#)

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Chronic obstructive pulmonary disease

42. Chronic obstructive pulmonary disease: Definition, clinical manifestations, diagnosis, and staging

Literature review current through: Feb 2017. | This topic last updated: Mar 06, 2017.

→[Summery](#)

→[Information for Patient](#)

43. Management of stable chronic obstructive pulmonary disease

Literature review current through: Feb 2017. | This topic last updated: Nov 22, 2016.

→[Summery](#)

→[Information for Patient](#)

44. Management of exacerbations of chronic obstructive pulmonary disease

Literature review current through: Feb 2017. | This topic last updated: Feb 23, 2017.

- [Summery](#)
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Pneumonia in children

45. Community-acquired pneumonia in children: Outpatient treatment

Literature review current through: Feb 2017. | This topic last updated: Jan 13, 2016.

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46. Community-acquired pneumonia in children: Clinical features and diagnosis

Literature review current through: Feb 2017. | This topic last updated: Jan 20, 2017.

- [Summery](#)
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Diarrhea in children

47. Approach to the child with acute diarrhea in resource-limited countries

Literature review current through: Feb 2017. | This topic last updated: Oct 27, 2016.

- [Summery](#)
- [Information for Patient](#)

Cancer screening

48. Preventive care in adults: Recommendations

Literature review current through: Feb 2017. | This topic last updated: May 04, 2016.

- [Summery](#)
- [Information for Patient](#)

Headache

49. Evaluation of the adult with headache in the emergency department

Literature review current through: Feb 2017. | This topic last updated: May 11, 2015.

- [Summery](#)
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50. Evaluation of headache in adults

Literature review current through: Feb 2017. | This topic last updated: Dec 20, 2016.

- [Summery](#)
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51. Tension-type headache in adults: Acute treatment

Literature review current through: Feb 2017. | This topic last updated: Jan 24, 2017.

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52. Acute treatment of migraine in adults

Literature review current through: Feb 2017. | This topic last updated: Feb 27, 2017

→[Summery](#)

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Gastroesophageal reflux disease

53. Medical management of gastroesophageal reflux disease in adults

Literature review current through: Feb 2017. | This topic last updated: Mar 31, 2016.

→[Summery](#)

→[Information for Patient](#)

Peptic ulcer disease

54. Peptic ulcer disease: Management

Literature review current through: Feb 2017. | This topic last updated: Jul 23, 2015.

→[Summery](#)

→[Information for Patient](#)

Diseases in pregnancy

55. Management of asthma during pregnancy

Literature review current through: Feb 2017. | This topic last updated: Sep 19, 2016.

→[Summery](#)

→[Information for Patient](#)

56. Management of hypertension in pregnant and postpartum women

Literature review current through: Feb 2017. | This topic last updated: Mar 08, 2017.

→[Summery](#)

→[Information for Patient](#)

57. Pregestational diabetes mellitus: Glycemic control during pregnancy

Literature review current through: Feb 2017. | This topic last updated: Dec 22, 2016.

chronic kidney disease

58. Screening for chronic kidney disease

Literature review current through: Feb 2017. | This topic last updated: Dec 01, 2016.

→[Summery](#)

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